



Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting

11/19/2019 – 2:30 - 4:00 p.m.

Howard County Office on Aging and Independence

Minutes

Members Present:

Jennifer Asher, Howard County Commission on Aging	Andrea Raid, Howard County Health Department
Roel Manuel Evangelista, AAA Physical Therapy	Jim Sanders, The Village in Howard
Bruce Fulton, Neighbor Ride	Charles Smith, HC Dept. of Community Resources and Services
Ashok Kapur, Hawkeye MedTech, Inc.	Sue Wang, Community member
Andrew Monjan, Transition Howard County	Kathy Wehr, HC Dept. of Community Resources and Services
Chris Moore, HC Dept. of Community Resources and Services	Heidi Weiss-Beedie Howard County Health Department
Tracy Novak, Howard County General Hospital	

Guests Present:

Erin Anderson, RN, MS, Community Health Nurse, Howard County Health Department
Terri Hansen, Manager of Social Day Program Division, Howard County Office on Aging and Independence, Department of Community Resources & Services

Staff Present:

Kelly Kesler, HCLHIC Program Director
Seojin Kim, HCLHIC Program Coordinator
Rodney Oldham, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Kelly Kesler called the meeting to order at 2:33 p.m. Participants, new LHIC coordinators and guests introduced themselves.	
Approval of Minutes and Announcements	<p>Kelly Kesler reviewed the goals and agenda for the meeting.</p> <p>Seojin Kim provided a summary from the August 27, 2019 meeting, and asked for any corrections to the minutes. A motion to accept the minutes as written was made by Chris Moore and seconded by Tracy Novak.</p> <p>Kelly Kesler provided announcements and requested members share upcoming programs and activities.</p>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/. To request</p>

	<p>Erin Anderson shared that another community flu clinic will be held on November 23th at the Hope Bible church.</p> <p>Heidi Weiss-Beedie shared that discussion is taking place to reconvene a group to discuss care coordination in order to provide better mental health services and community referral to older adults with mental distresses.</p> <p>Jim Sanders shared that the Village in Howard will provide two sessions of monthly Aging in Place work group activities in November: 1) Modifying Your House/Apartment and 2) Home Modification for Caregivers.</p> <p>Roel Manuel Evangelista shared that AAA Physical Therapy ran a successful Stepping on program and is interested in co-facilitating in collaboration with others.</p> <p>Ashok Kapur shared that Hawkeye MedTech, Inc. will submit a proposal (telehealth care service for the underserved) to the Howard County Innovation Fund and asked coalition members for advice regarding the target population.</p>	<p>an event be added to the HCLHIC Community calendar contact lhic@howardcountymd.gov.</p> <p>A follow-up email was sent to work group members following the meeting with links and information including:</p> <ul style="list-style-type: none"> • Stress Response and Resilience • HCHD Seasonal Flu Vaccine Clinics • Caregiver Support Program • Advance Care Program • Understanding and Responding to Dementia-Related Behavior • Repair Cafe • Bearing Witness to Racial Trauma • MMWR Adverse Childhood Experiences (ACEs) • 2019 Champions of Change Conference <p>Coalition members who are interested in the new HCHD coalition for older people with mental distresses are encouraged to contact</p> <ul style="list-style-type: none"> • Heidi Weiss-Beedie hweissbeedie@howardcountymd.gov <p>Coalition members are encouraged to learn about more information about the Village in Howard at https://www.thevillageinhoward.org/content.aspx?page_id=4001&club_id=855297</p> <p>Coalition members may contact Roel Manuel Evangelista with questions at manuel@AAAPhysicalTherapy.com</p> <p>Coalition members may contact Ashok Kapur to learn more about the telehealth technology and proposal discussed at akapur@hawkeyemedtech.com</p>
<p>Age-Friendly Howard County Initiative</p>	<p>Terri Hansen, Manager of Social Day Program Division, Howard County Department of Community Resources and Services, delivered a presentation on Aging-Friendly Howard County Initiatives.</p> <p>Ms. Hansen shared an update regarding the Age-Friendly Howard County Initiative on December 3, 2019 at Wilde Lake Interfaith</p>	<p>Coalition members who are interested in more information about the Age Friendly Howard County Initiative are encouraged to contact Terri Hansen at thansen@howardcountymd.gov</p> <p>Coalition member are encouraged to learn about Age-Friendly Community at:</p> <ul style="list-style-type: none"> • Age-Friendly Howard County Invitation



	<p>Center. This event will provide a presentation and an opportunity for individuals to sign up for future Aging Friendly work groups.</p> <p>Ms. Hansen stated that AARP Network of Age-Friendly States and Communities was established in 2012, and as of November 19th there were 406 communities nationwide and 830 communities worldwide. Ms. Hansen also pointed out that in 2045, people age 60+ will account for about 28% of the total population in Howard County and discussed AARP's 8 Domains of Livability.</p>	<ul style="list-style-type: none"> • 2018 AARP Community Challenge: Avoca Iowa • 2018 Livable Communities Wed Plenary Innovation Showcase • Driving Toward Age-Friendly Care for the Future
<p>Birth Outcomes and Healthy Aging</p>	<p>Erin Anderson, Community Health Nurse for Howard County Health Department, presented data regarding Birth Outcomes and Mental Health in Howard County.</p> <p>Ms. Anderson reviewed the 2017 annual report of Howard County data trends including: 1) 2018 Preliminary data, 2) 2017 Birth Statistics, 3) 2010-2017 fetal/infant death, 4) 2013-2017 premature birth, and 5) Perinatal Periods of Risk.</p> <p>Ms. Anderson also shared some of the key findings from the 2018 Fetal Infant Mortality Review (FIMR) committee's focus group and the information regarding the future training to address Implicit Bias with providers and other community members.</p>	<p>Coalition members may contact a presenter for more information at Erin Anderson: eanderson@howardcountymd.gov 410-313-7543</p> <p>Coalition member are encouraged to learn about more information about the presentation at:</p> <ul style="list-style-type: none"> • 2018 Infant Mortality Report • Other Birth/Death Related Reports from Other Years • 2017 In-Depth Report <p>LHIC will share information about FIMR Training/Implicit Bias Discussions as it becomes available.</p>
<p>Action Item Discussion</p> <p>Implicit Bias Training & Year-round Medication Disposal</p>	<p>Coalition members discussed about how professional implicit bias could have an impact on service providers in the community.</p> <p>Andrew Monjan suggested the importance of public education to reduce age-related implicit bias among community members.</p> <p>On behalf of Joan-Webb Scornaienchi, Executive Director of HC DrugFree, Kelly Kesler shared HC DrugFree's outcomes from the most recent Drug Take Back Day held on October 26, 2019.</p>	<p>Coalition members are encouraged to learn about more information about Implicit Bias at:</p> <ul style="list-style-type: none"> • Project Implicit http://www.projectimplicit.net/index.html • the IAT tool https://implicit.harvard.edu/implicit/ <p>LHIC members are encouraged to contact Joan-Webb Scornaienchi at joan@hcdrugfree.org to request information</p>

	At the request of the County’s Opioid Intervention Team, the group briefly discussed potential way to promote year-round collection of drugs and sharps.	that can be shared regarding the year-round collection sites.
Wrap Up and Adjournment	The work group meeting was adjourned at 4:00 p.m.	

Future Meeting Dates:

Work Group

March 24, 2020; 2:30 – 4:00pm – Howard County Office on Aging and Independence

May 19, 2020; 2:30 – 4:00pm – Howard County Office on Aging and Independence

FULL HCLHIC

January 30, 2020; 8:30 – 10:30am – TBD

April 30, 2020; 8:30 – 10:30am – TBD

June 25,2020; 8:30 – 10:30am – Susquehanna Room

Respectfully submitted by
 Seojin Kim, MSW, Program Coordinator
 Howard County Local Health Improvement Coalition